

The Old School House

18 June 2026

Dear Parents and Carers

I am delighted to share some exciting news regarding the continued development of our pastoral and therapeutic support at The Old School House.

As part of our ongoing commitment to supporting the social, emotional and mental health needs of our pupils, **Jessie Rudd** will be taking on the role of **Children's Wellbeing Practitioner** within the school.

Many of you already know Jessie through her work with our pupils and families. Jessie has built strong, trusting relationships across the school community and has consistently demonstrated her commitment to supporting the wellbeing, personal development and emotional growth of our young people.

In her new role, Jessie will work closely with pupils, families, staff and external professionals to provide additional therapeutic and emotional wellbeing support. This will include:

- Delivering individual wellbeing and therapeutic interventions.
- Running targeted group programmes focusing on areas such as emotional regulation, self-esteem, anxiety management and social skills.
- Supporting pupils who may be experiencing emotional difficulties, friendship challenges, low confidence or mental health concerns.
- Providing pastoral support and opportunities for pupils to talk through worries and concerns in a safe environment.
- Working alongside families to provide guidance and strategies that support emotional wellbeing both at home and in school.
- Supporting staff to further develop trauma-informed and attachment-aware approaches throughout the school.
- Acting as a key link between school, families and external agencies to ensure coordinated support for our pupils.

Jessie will also continue to lead elements of our PSHE curriculum and wellbeing provision, including our My Happy Mind programme, helping to further strengthen our whole-school approach to emotional health and resilience.

At The Old School House, we recognise that many of our pupils have experienced challenges that can impact their emotional wellbeing, relationships and engagement with learning. By investing in specialist wellbeing support, we aim to ensure that every child feels safe, understood and equipped with the skills they need to thrive both in school and beyond.

We are keen to strengthen the partnership between home and school and recognise that families sometimes need advice, reassurance or guidance as well. Parents and carers are welcome to contact Jessie directly if they have concerns about their child's emotional wellbeing, mental health, friendships, behaviour, resilience, attendance, routines or any other wellbeing-related matter. Jessie will be happy to offer support, guidance and, where appropriate, signpost families to additional services and resources.

There is no concern too small. We would much rather families contact us early so that we can work together proactively to support our young people before difficulties become more significant. At The Old School House, we believe that the strongest outcomes are achieved when school and families work together in partnership.

We are extremely proud of Jessie and excited about the positive impact this role will have for our pupils and families.

If you would like to discuss any aspect of your child's emotional wellbeing or access support for your family, Jessie can be contacted directly:

Jessie Rudd

Children's Wellbeing Practitioner

☎ 01945 861114

✉ jessie.rudd@chartwellgroup.org.uk

Alternatively, please contact the school office and we will be happy to arrange an appointment.

Thank you, as always, for your continued support and for the trust you place in us to support your children.

Yours sincerely

Sue Clark

Headteacher